



Burroughs Child Development Center

JULY 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <h2 style="font-size: 2em; margin: 0;">HAPPY 4TH OF JULY</h2>			<p>1 Toasted Egg & Cheese Sandwich French Orange Sections / Milk</p> <p>Baked Chicken Tenders ½ Apple Succotash (Peas & Corn) Buttered Rice Milk</p> <p>Ritz Crackers /Ranch Dip Celery & Green Pepper Strips</p>	<p>2 Rice Krispies Apple Juice/ Milk</p> <p>Pollock Fish Sweet Potatoes Buttered Green Peas Garlic Bread Milk</p> <p>Oatmeal Cookies Milk</p>
<p>5 Center Closed for Fourth of July Holiday</p> 	<p>6 Center Closed for Fourth of July Holiday</p> 	<p>7 Biscuits & Jelly Honey Dew Melon Milk</p> <p>Turkey Cheese Wrap Black Beans Romaine Lettuce/Tomato Salad Thousand Island Dressing Milk</p> <p>Blueberry Muffins Grape Juice</p>	<p>8 Breakfast Pizza (Egg & Cheese) Fresh Pineapple Milk</p> <p>Baked Chicken Nuggets Mashed Potatoes Steamed Broccoli Whole Grain Rolls Milk</p> <p>Peaches Milk</p>	<p>9 Life Cereal Orange Sections / Milk</p> <p>Cheeseburgers / Wheat Bun Sliced Tomatoes & R. Lettuce Baked Tater Wedges Pickle Slice Catsup & Mayonnaise Milk</p> <p>½ Banana Milk</p>
<p>12 Corn Flakes / Milk Fresh Cantaloupe</p> <p>Turkey / Cheese on Whole Wheat Pita Lettuce / Sliced Tomatoes Corn on the Cob Milk</p> <p>Teddy Graham Crackers Strawberry & Banana Yogurt</p>	<p>13 French Toast Sticks/Syrup Applesauce Milk</p> <p>Beef Lasagna Sliced Peaches Fresh Steamed Carrots Garlic Bread Milk</p> <p>½ Banana / Milk</p>	<p>14 Grits / Butter Scrambled Eggs Fresh Pineapple / Milk</p> <p>Baked Macaroni & Cheese Collard Greens Black Eyed Peas Grain Roll Milk</p> <p>Whole Grain Gold Fish Orange Juice</p>	<p>15 Biscuits / Gravy Sliced Pears Milk</p> <p>Chicken Quesadillas Wheat Tortillas Lima Beans Romaine Lettuce Sliced Tomatoes / Milk</p> <p>Rice Krispie Treats Milk</p>	<p>16 Cheerios ½ Banana Milk</p> <p>Beef Swedish Meatballs Steamed Broccoli Zucchini & Yellow Squash Buttered Noodles Milk</p> <p>Apple Juice Soft Pretzels/Honey Mustard</p>
<p>19 Life Cereal Grape Juice/Milk</p> <p>Grilled Cheese Sandwich Fresh Pineapple Tomato Soup Whole Wheat Bread Milk</p> <p>Mandarin Oranges Milk</p>	<p>20 Waffles/Syrup Fresh Cantaloupe/ Milk</p> <p>Beef/Cheese Pizza Sliced Pears Corn on Cob Milk</p> <p>Teddy Grahams Orange Juice</p>	<p>21 Oatmeal/ Raisins Sliced Peaches/ Milk</p> <p>Turkey Taco/Cheese & Salsa Pinto Beans (no pork) Chopped Tomatoes & R Lettuce Corn Tortillas Milk</p> <p>Fruit Yogurt Vanilla Wafers</p>	<p>22 Toasted Egg & Cheese Sandwich French Orange Sections / Milk</p> <p>Baked Chicken Tenders ½ Apple Succotash (Peas & Corn) Buttered Rice Milk</p> <p>Ritz Crackers /Ranch Dip Celery & Green Pepper Strips</p>	<p>23 Rice Krispies Apple Juice/ Milk</p> <p>Pollock Fish Sweet Potatoes Buttered Green Peas Garlic Bread Milk</p> <p>Oatmeal Cookies Milk</p>
<p>26 Cheerios /Milk Orange Juice</p> <p>Baked Ziti in Tomato Sauce & Beef Meatballs Green Beans Corn Soft Rolls Milk</p> <p>½ Apple / Cheese Squares Milk</p>	<p>27 Pancakes / Syrup Applesauce Milk</p> <p>Chicken Strips Steamed Broccoli Cooked Carrots Stir Fried Rice Milk</p> <p>Fruit Yogurt Animal Crackers</p>	<p>28 Biscuits & Jelly Honey Dew Melon Milk</p> <p>Turkey Cheese Wrap Black Beans Romaine Lettuce/Tomato Salad Thousand Island Dressing Milk</p> <p>Blueberry Muffins Grape Juice</p>	<p>29 Breakfast Pizza (Egg & Cheese) Fresh Pineapple Milk</p> <p>Baked Chicken Nuggets Mashed Potatoes Steamed Broccoli Whole Grain Rolls Milk</p> <p>Peaches Milk</p>	<p>30 Life Cereal Orange Sections / Milk</p> <p>Cheeseburgers / Wheat Bun Sliced Tomatoes & R. Lettuce Baked Tater Wedges Pickle Slice Catsup & Mayonnaise Milk</p> <p>½ Banana Milk</p>