

Scheduling and taking your NSCA CSCS exam

- 1) Create an NSCA account by going here <https://www.nasca.com/login/> and clicking ‘Create Your Free Account’.
- 2) Join the NSCA as a student member (\$65) here <https://www.nasca.com/memberships/>. Keep your receipt for reimbursement later.
- 3) Within 30 days of becoming a student member, you will be asked to verify that you are student. Go to <https://www.nasca.com/membership/nsca-student-membership-verification-information/>
Read instruction and download/fill out the NSCA student verification form. Send the completed form to your advisor for digital sign. After that, email to students@nsca.com for verification. Keep the copy of the verification form along with the membership fee receipt for later reimbursement.
- 4) Go to <https://www.nasca.com/certification/cscs/> to read the Exam Preparation and Content and get other information about the exam. Decide how long you need to study for the exam and what exam study materials you will need to take the exam. You should take it after you finish the course: EXSC 457 Essentials of Strength and Conditioning. You must take and email the exam results to your advisor at least one month prior to graduation. Fail to do that will result in significant delay for your official graduation date. A pass score is not required for graduation.
- 5) To schedule your exam, you will need your NSCA member ID during the process, so wait until you have that number before registering.
- 6) Go to <https://www.nasca.com/certification/cscs/> and click on ‘Register for the CSCS exam’. Go through the whole process and make sure to enter the discount code **ERPSCUPSTATE** when you check out. Fail to do so will result an incomplete amount for your reimbursement.
- 7) Schedule an appointment with Ms. Carla Owings (COWINGS@USCUPSTATE.EDU) to complete the reimbursement paperwork for your student membership and exam fee. Be sure to bring your exam registration information with you when meeting with Ms. Carla Owings (HEC 3004).
- 8) After you have registered, you can schedule a time through the Pearson VUE website. Schedule a time so that you will receive your results at least 1 month before graduation. You will get your results when you take the exam. *You must send your results to your advisor in order to graduate.* A pass score is not required for graduation.