

### *Bachelor of Science in Exercises and Sport Science*

USC Upstate		Credits	Spartanburg Community College Recommended course transfer equivalencies**
<b>I. Communication</b>			
English	ENGL U101 <b>or</b> HONS U101; ENGL U102	6	ENG 101, 102
Speech	SPCH U201, U201R	3	SPC 205
<b>II. Mathematics, Logic, &amp; Natural Sciences</b>			
Mathematics	MATH U102 <b>and</b> U120 or higher (MATH U127 recommended for Health Sciences)	6	MAT 103, 120 <b>and</b> 110, 111 132, 211, 212, 215, 220, 240, or 242
Natural Science (w/lab)	CHEM U109/L or CHEM U111/L <b>and</b> BIOL U110/L or 101/L (recommended ) or other lab science with advisor approval	8	CHM 105 or 110 <b>and</b> BIO 101
<b>III. Information Technology</b>			
Info Tech	CSCI U138, U150; DGST U101; INFO U101, U102; MUSC U162	3	CPT 101
<b>IV. Fine Arts, Humanities &amp; History</b> <i>Choose one course from each of the following sections.</i>			
Fine Arts	ARTH U101, U105, U106; MUSC U110, U140; THEA U161, U170	3	ART 101, 107, 108; MUS 105; THE 101, 105
History	HIST U101, U102, U105, U106	3	HIS 104, 105, 201, 202
Fine Arts, Humanities and/or History	AFAM U204; AMST U101, U102; ENGL U250, U252, U275, U279, U280, U283, U289, U290, U291; HONS U199; PHIL U102, U211; RELG U103; SOST U201	3	ENG 201, 202, 205, 206, 208, 209; PHI 101; REL 201
<b>V. Foreign Language and Culture</b>			
<i>The minimum acceptable level of competency is completion of the 101 level of a language. Students who place in the 102 or higher level of a language satisfy the language requirement but will have additional hours in general education electives, if hours are required by their degree program.</i>			
Foreign Language	ASLG U101; CHIN U101; FREN U101; GERM U101; HONS U250, U350; SPAN U101	3	ASL 101; FRE 101; GER 101; SPA 101
<b>VI. Social and Behavioral Sciences</b>			
Social & Behavioral Science	PSYC U101 and one of the following: AFAM U201; ANTH U102; ECON U221, U222; GEOG U101, U103; POLI U101; SOCY U101; WGST U101	6	ANT 101; ECO 210, 211; GEO 101; PSC 201; PSY 201; SOC 101
<b>VII. General Ed. Electives</b>			
<i>Choose from the options below if hours are required in the major.</i>			
General Ed. Electives	Any General Education course or courses		
<b>Major Requirements</b>			
Sport Science Core	EDHL U170, U221; BIOL U243, U244; EDPH U128, U180, U280; EXSC U270, U301, U302, U390, U480, U499	35	
<b>Academic Concentration</b> <i>One of the following</i>			
Exercise Science		19	
Medical Fitness		19	
Strength and Conditioning		19	
<b>Electives</b>			
Electives		6	
<b>Total USC Upstate hours required for graduation</b>		<b>120</b>	