



UPSTATE

University of South Carolina

YOUR QUEST: ATTEND ALL EVENTS DURING AGOGE

Joining the Spartan Nation is not as easy as finding the best Upstate T-shirt at the Bookstore. Spartans must undergo rigorous intentional training to fully acclimate to the academic goal at hand. Agoge is the USC Upstate way to help you become a Spartan, not just through enrollment, but through activities that give you a head start as classes begin. Review the daily schedule and look through the Spartan Ready List to fill your Agoge training schedule.

All designated activities are required for all freshmen. Some activities will be at the same time for everyone, plus a few optional sessions you may choose. **WIN PRIZES!** There are great giveaways and drawings for this week. Every time you attend an Agoge event, your name goes into a multiple prize drawing held at the Convocation dinner. Prizes will be awarded at individual sessions. If you complete all tasks on this list, come by the Premiere Fair on Wednesday, August 28 to receive your free Agoge T-shirt.

SUNDAY, AUGUST 18

MOVE UP: Official move in for first year students from 8 AM – 12 PM. We welcome our Magnolia and Palmetto House students home. For security reasons, you **MUST** have your student ID to check-in. The Move Up begins at the HEC; refer to the Move Up Guide emailed in July for more information. Volunteers are available to help you move into your residence hall.

Dinner: 5 p.m. - 6:30 p.m., Campus Life Center Dining Hall

Floor Community Meetings: 7p.m.-8p.m. Students will meet their RA, one another, their neighbors and community! RA's will share information about how to get involved in campus and in housing. Then walk-over together to the Big Green Welcome!

Big Green Welcome: 8:30 p.m., Spartan Recreation Center Gym
This extreme socializing event uses high energy and is a fun way to introduce you to everyone. Join us near the bookstore following this event for a popcorn and lemonade bar.



MONDAY, AUGUST 19

❖ **Breakfast on the Patio:** 9:30-10:30 a.m. Library Patio
Come out for muffins, fruit, juice and coffee to start your day as we help you prepare for the beginning of classes.

❖ **The Library Thing:** 10 a.m. - 12 p.m. USC Upstate Library
The library is going through exciting renovations. Come join us and play a game that will help you navigate the area as things are changing. This tour will show you different locations within the library, explain how things are progressing and give you an opportunity to interact with the space. Be sure to bring your phone to take pictures along the way. Come on your own, bring a friend or meet a new one to participate in this activity! Remember, if you complete the tour, you'll be entered into a grand prize drawing for a bicycle!

❖ **Lunch:** 11:30 a.m. - 1:30 p.m. Campus Life Center Dining Hall

Navigation Station: 1- 3 p.m., Treehouse Arch
Bring your class schedule and meet some of the RAs under the Treehouse Arch. They'll take you around campus and help you locate where your classes will be held. Avoid some of the first day jitters by taking part in this event.

NOTE: ❖ These Monday events are for those who have already completed Orientation and Registration

MONDAY, AUGUST 19 ... continued

Magnolia House meet your RA: 3:45 pm-All-Hall Meeting where you will learn about the Spartan Standard, policies for residential living and meet the Housing and Residential Life professional staff. Following the meeting you will attend Rock the Block and have dinner.

Palmetto House meet your RA : 4:30 pm-All-Hall Meeting where you will learn about the Spartan Standard, policies for residential living and meet the Housing and Residential Life professional staff. Following the meeting you will attend Rock the Block and have dinner.

Rock the Block: 5:00-7:30 p.m. Grab dinner in the Treehouse Plaza and enjoy an evening of music, games, and novelties with your new neighbors out on Hodge Drive.

TUESDAY, AUGUST 20

Breakfast: 8:30 - 10 a.m. Campus Life Center Dining Hall

Drop In at Spartan Rec Center: 10:30 a.m. Spartan Recreation Center
Drop by and check out the Spartan Rec Gymnasium. There will be Spikeball, Cornhole, Can Jam and Basketball to enjoy.

Lunch: 11:15 am -12:45 p.m. Campus Life Center Dining Hall

Meet RA at 12:45 p.m. outside or near the CLC Dining Hall (your RA will let you know your meetin location) to walk over to the theater.

Get Out of Your Bubble 1 p.m. HPAC Theater

Get Out Of Your Bubble! is a fun, comedic, and fast-paced game-show presentation introducing students to a new and more open way of seeing cultural differences. Through stand-up comedy, a gameshow with prizes, and meaningful conversations, the show will give you the tools to understand cultural difference and to maximize your potential in a changing world. You don't want to miss it!

Student Academic Success Sessions 2:30 p.m., HPAC Classrooms CHOOSE ONE TO ATTEND

Top Ten Tips for Surviving the First Semester - Advice for making it through the first semester. HPAC 120 Myles Alexander

Nursing Student Panel Discussion - In this session we will discuss what nursing school is really like. Listen to helpful advice from current nursing students about how to be successful in the program. HPAC 221 Sudduth

Are You Spartan Ready? - USC Upstate strives to see our students excel inside and outside of the classroom. As you think about your future career path, it is important to know what skills and experiences will help you be successful. In this session, we will discuss the eight core skills all employers want college graduates to have, and provide ways to gain experience through campus and community involvement. Find out what it means to be Spartan Ready! HPAC 233 Star Jamison

Study Abroad 101 - USC Upstate strives to make study abroad as affordable and accessible as possible. From unique exchange programs to scholarships only available to study abroad students, come learn how you can make the world your classroom and gain the global skills needed for today's economy. Hosted by the Center for International Studies. HPAC 219 Patrick McCleary

Speed Bumps, Pot Holes, and Detours - Let's talk about ways to handle some of the road blocks along the way of your college journey. HPAC 220

Stadium Party: 5 p.m. Dinner, 5:30 p.m. Silent Headphone Disco- University Readiness Center
The Campus Activities Board is bringing the disco to you! Join us for blacklight Silent Disco with THREE DJs, dinner, and lots of free swag.

ThinkFast Game Show: 8:30 p.m. Spartan Rec Center Monetary Prizes!

OTHER AGOGE EVENTS

Soccer Sundaes: Sunday, August 25th • 1pm-2pm, University Readiness Center. Join CAB in cheering on the Women's Soccer Team and make a yummy ice cream sundae! Bring your student ID to get free ice cream with all the toppings before the game. Go Spartans!

Fraternity & Sorority Life Meet & Greet: Tuesday, August 27 • 6 p.m. CLC Ballroom Formerly called "Meet the Greeks", come mix and mingle with our 13 social sororities and fraternities at this Upstate FSL tradition!

Premiere Fair: Wednesday, August 28 11 a.m. - 2:00 p.m., CLC Patio Student Organizations, University Departments, Local Businesses, free food and novelties, lots of giveaways. Learn all the ways to get involved in your community.

Dr. Lori Hart: REQUIRED FOR UNIV 101 CLASSES Wednesday August 28 • 5:30 & 7:30 p.m. HPAC Theater

Multicultural Mix & Mingle: Thursday, August 29 • 5 - 6:30 p.m., CLC 2nd floor lobby. Come meet your fellow Spartan community and celebrate the diversity that USC Upstate has to offer. Mix and mingle with some of our cultural and advocacy organizations and join a speed friending round.

Faith Fest: Wednesday, September 4 • 11 a.m. - 2 p.m., Lower Quad. Come experience the diverse faith-based community at Upstate! Refreshments, giveaways, yoga, guided meditation and information about faith-related student organizations and community groups.

CollegeFest: Thursday, September 26 • 8 p.m. Morgan Square Spartanburg, home to 7 colleges and universities, is known as a College Town. Together with the City of Spartanburg, we will kick off the new school year with the ultimate block party. Join us for a DJ dance party with food trucks and vendors. Have fun and meet students from Upstate, Wofford, Converse, SMC, SCC, VCOM and Sherman. Don't forget your student ID, you won't want to miss this party!

The Greater Green: Complicated Conversations: Thursday October 10 • 5:30 p.m. & 7:30 p.m. CLC Ballroom REQUIRED for all UNIV 101 Classes Part of being a Spartan is the ability to demonstrate respect for cultural differences, as you meet and interact with people from various walks of life on this campus and in all communities. Dr. Jodi Merriday has touched thousands of lives by creating experiential learning for conversations around diversity and inclusion. Join our keynote this year as she engages participants in micro-learning activities and self-reflective guided conversations on topics related to valuing human difference.



Review the SPARTAN READY LIST

Here's the list...Have you taken care of these items?

You may not have to do everything on the list, but there are some SPARTAN READY items you may need to take care of. Contact phone numbers are below if you need any assistance:

- Class Schedule – Academic Department Offices (see Student Handbook for number)
- Email Account – 503-5257
- Fraternity & Sorority info – 503-5122
- Sign up for Intramural Leagues online
- Housing – 503-5422
- Immunizations – 503-5191
- Register for Disability Services – 503-5199
- Internet Connection – 503-5257
- Parking Permits – 503-7777
- Spart Alert – 503-5257 (Emergency Alert - signup in the SSC System)
- Student ID – 503-7777
- SSC Login – 503-5257
- Blackboard Initial Log In – 503-5257
- Books – 503-5167
- Jobs – 503-5323
- Go to Premiere Fair
- Visit uscupstate.edu/Upstate48 to view all events happening the first 48 days of class.

UPSTATE HOME ATHLETIC GAMES

- 8/21/2019 Men's Soccer VS College of Charleston, 7 p.m., County Univ. Stadium
- 9/5/2019 Women's Soccer VS Mars Hill, 7 p.m., County Univ. Stadium
- 9/3/2019 Volleyball VS Limestone College, 7 p.m., Hodge Arena
- 9/13/2019 Women's Soccer VS Wofford, 7 p.m., County Univ. Stadium
- 9/13/2019 Cross Country Eye Opener Invitational, 5:45 p.m., Milliken Course

