



## WHAT IF I THINK I AM SICK FROM MOLD OR MILDEW?

Some people are more sensitive to mold and mildew than others. If you are feeling sick, please make an appointment with USC Upstate Health Services by calling 864-503-5191.



### TIPS FOR ALLERGY SUFFERERS:

- If medication has been prescribed to reduce your sensitivity, please follow the instructions of your doctor and/or medical personnel.
- Keep windows and exterior doors closed to reduce the number of allergens entering your apartment or residence hall room.
- Vacuum and dust your rooms regularly.

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UNIVERSITY OF SOUTH CAROLINA UPSTATE  
HOUSING AND RESIDENTIAL LIFE

# MOLD AND MILDEW

UPSTATE

Housing and Residential Life

## WHAT IS THE DIFFERENCE BETWEEN MOLD AND MILDEW?

The main difference between mold and mildew to the eye is the color. Mildew is typically light in color while mold is darker in color. Both grow in warm, moist environments.

### MOLD



### MILDEW



## TIPS TO PREVENT MOLD AND MILDEW:

- Report any water problems in your room immediately, such as dripping faucets, leaks near toilets and sinks, leaks on the ceiling tiles, and wet floors by submitting a maintenance form at: [www.uscupstate.edu/maintenance](http://www.uscupstate.edu/maintenance)
- Never allow water to settle into floors, towels, sheets, or any other surfaces.
- Always turn on the exhaust fan when you are showering (exhaust fans turn on automatically in the treehouses).
- Bathrooms (showers, vanities, and toilets) should be thoroughly cleaned weekly.
- Hang towels to dry. Do not allow towels to dry on the ground.
- Students should leave bathroom doors open after showering to allow moisture to escape.
- Keep your room above 70 degrees Fahrenheit.

## WHAT IF I THINK THERE IS MOLD OR MILDEW IN MY ROOM?

Don't panic! Notify your RA, the front desk staff, submit a maintenance request, or visit the Housing and Residential Life Office immediately.

South Carolina has beautiful weather throughout the year, typically accompanied by high humidity in the summer and early fall. This humidity may cause mold or mildew to develop without the proper preventative measures.

Mold and mildew are both naturally present in almost every environment, including your home. Spores of mold and mildew can enter an environment through everyday activities such as walking in and out of rooms or wearing a piece of clothing outside and then placing that clothing on your bed.